



HMDP Visiting Experts FY24
OFFICIAL PROGRAMME

Note:

The programme is accurate at the time of publication, and is subject to change at any time without prior notice.

EXPERT NAME

Thomas E. Smith

START DATE

14/10/2024

END DATE

18/10/2024

SPECIALTY/TITLE OF PROGRAMME

Community Mental Health / Population Mental Health

HOSTING INSTITUTION

NHGHQ

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
14 October 2024 (Monday)	9.00am – 10.00am	<i>Sharing on the National Healthcare Landscape</i>	<ul style="list-style-type: none"> - Sharing on NHG's mental health strategy - Sharing on IMH's current landscape, care transformation efforts 	No	IMH Annex Level 2 Boardroom 20 pax	Hannah Huang (hannah_h_huang@imh.com.sg)
	10.00am – 11.00am	<i>Sharing on the New York State (NYS) Mental Health Landscape</i>	<ul style="list-style-type: none"> - Sharing by Dr Smith on NYS MH community-based programmes: Crisis management, psychiatric care, and recovery - Sharing on performance monitoring metrics at NYS 	No	IMH Annex Level 2 Boardroom 20 pax	Hannah Huang (hannah_h_huang@imh.com.sg)
	11.00am – 12.30pm	<i>Discussion on integrated care (Physical Health & Mental Health)</i>	<ul style="list-style-type: none"> - Sharing on care integration from inpatient and transition towards outpatient and community care (Primary care) - Sharing and discussion on performance measures that consider care integration of PH and MH 	No	IMH Annex Level 2 Boardroom 20 pax	Hannah Huang (hannah_h_huang@imh.com.sg)
	12.30pm – 2.00pm	<i>Lunch</i>				
	2.00pm – 4.00pm	<i>IMH Internal Discussion</i>	<ul style="list-style-type: none"> - Sharing on IMH masterplan committee initiatives - Discussion on Balanced Score Cards (BSC) and impact on programmes, as well as quality and safety measures - Review and discussion on IMH performance targets and measures 	No	IMH Annex Level 2 Boardroom 20 pax	Hannah Huang (hannah_h_huang@imh.com.sg)

15 October 2024 (Tuesday)	9.00am – 12pm	Site visit to AMK Polyclinic Health and Mind Clinic	<ul style="list-style-type: none"> - Sharing by NHGP on the AMK Polyclinic Health and Mind Clinic - Sharing and discussion by NHGP on (1) Overview of Singapore's Primary Care system and NHGP, (2) NHGP Mental Health Framework and Initiatives - Sharing by Dr Smith on NYS efforts on population and community mental health, integration of mental health into primary care 	No	AMK Polyclinic 20 pax	Debbie Ng (yanling_dy_ng@nhgp.com.sg)
	12.00pm – 1.15pm	Lunch				
	1.15pm – 2.00pm	Travel				
	2.00pm – 3.30pm	Engagement with Population Health Campus (PHC)	<ul style="list-style-type: none"> - Site visit to Allkin to better understand the community of care (CoC) model - Sharing on CREST and COMIT programs - Discussion on performance indicators for community mental health programmes - Discussion on improving partnerships between hospital and community to ensure effective patient care and integration of physical and mental health 	No	Allkin@410 Sin Ming 10 pax	Amy Low (sok_fun_low@nhg.com.sg)
	4pm - 5pm		<ul style="list-style-type: none"> - Closed door session discussion on mental health management within a community & primary care ecosystem (i.e. Between psychiatric teams, primary 	No	Allkin@410 Sin Ming 15 pax	Celine Thng (Celine_Thng@nhg.com.sg)

			care practitioners, social care providers, community health teams and community social / support networks)			
16 October 2024 (Wednesday)	9am – 11.30am	Visit to Khoo Teck Puat Hospital (KTPH)	<ul style="list-style-type: none"> - Sharing on the general overview of Yishun Health - Understanding KTPH better with a walk through of the hospital: - This includes a visit to ward A71 to see how an inpatient room has been transformed to accommodate patients with suicidal risk, and a visit to a subsidized ward and share more about the consultation liaison service - Discussion on improving the psychiatric consultation liaison service further to ensure effective care 	No	KTPH 15 pax	Muhamad Nurrudin Bin Kamarudin (kamarudin.muhamad.nurrudin@ktph.com.sg)
		Site visit to Anglican Care Centre (ACC Yishun)	<ul style="list-style-type: none"> - Understand the patient's journey on transition of care from outpatient to community - Discussion on the concerns with moderate/high risk patients in the community 	No	ACC Yishun 10 pax	
		Site visit to Admiralty Medical Centre (ADMC)	<ul style="list-style-type: none"> - Sharing on the set up and operations of ADMC, as well as overview of programmes offered - Discussion on crisis management in outpatient clinics and community settings - Discussion on effective ways to manage psychiatric patients without an inpatient 	No	Admiralty Medical Centre 20 pax	

			unit			
	11.30am – 12.30pm	Lunch				
	12.30pm – 1pm	Travel				
	1pm – 5pm	Visit to National University Health System (NUHS)	<ul style="list-style-type: none"> - Sharing on the community mental health programmes i.e. ASCAT + NUP (National University Polyclinic) partnership - Discussion on population health Strategies - Sharing of tentative plan for the Psychiatric Emergency Department Treatment Unit (EDTU) in Alexandra Hospital (AH) 	No	NUH Tower Block, Room T12-02 (Level 12) 10 Pax	Rachel Lim (wee_tien_lim@nuhs.edu.sg)
17 October 2024 (Thursday)	9.00am – 11.30am	Visit to Agency for Integrated Care (AIC)	<ul style="list-style-type: none"> - Sharing on the community mental health and population health landscape in Singapore - Sharing by Dr Smith about NYS Office of Mental Health (OMH), the mental healthcare system, and established programmes including Behavioral Health Integration Program (BHIP), Collaborative Care Model (CCM) and Coordinated Specialty Care (CSC) - Dialogue and cross-sharing with MHO, AIC, key CMH service providers and expert 	No	AIC 20 Pax	Yvonne Lee (yvonne.lee@aic.sg)

	11.30am – 1.00pm	Lunch				
	1.00pm – 2.00pm	Travel				
	2.00pm – 5.00pm	Visit to SingHealth Health Services (SHS)	<ul style="list-style-type: none"> - Sharing of (1) NYS community mental health initiatives (i.e. tiered MH care involving primary care for patients across age groups); (2) Insights to developing successful school mental health programmes; (3) Best practices in MH literacy programmes across age groups including older adults) - Networking session between expert and SHS community mental health teams - Discussion on leveraging on SingHealth Healthier SG teams and primary care for community mental health initiatives (e.g. social prescribing, capability building needs, right-siting of care) - Discussion on the integration of health services research while delivering impactful community mental health programmes 	No	SingHealth Academia / Sengkang Hospital 10-15 pax	Cindy Ong (cindy.ong.m.l@singhealth.com.sg) / Sharon Tan Rui Fen (sharon.tan.r.f@singhealth.com.sg)

18 October 2024 (Friday)	9.00am – 10.00am	<i>Mental Health Services Research</i>	<ul style="list-style-type: none"> - Sharing on IMH research initiatives for preventive health programmes - Discussion on models of follow up care after discharge to prevent suicides 	No	IMH Annex Level 2 Boardroom 3 pax	Hannah Huang (hannah_h_huang@imh.com.sg)
		<i>Debrief</i>	<ul style="list-style-type: none"> - Sharing by Dr Smith on lessons learnt during HMDP visit - Discussion on the applicability of NYS programmes to NHG - Discussion on the suggested performance measurements for outpatient/community mental health programmes for Singapore 	No	IMH Annex Level 2 Boardroom 8 pax	Hannah Huang (hannah_h_huang@imh.com.sg)
	11.30am – 2.00pm	<i>Lunch</i>				
	2.00pm – 5.00pm	<i>Report writing</i>			Swissotel	

*NTP – National Training Programme