



HMDP Visiting Experts FY24
OFFICIAL PROGRAMME

Note:
The programme is accurate at the time of publication, and is subject to change at any time without prior notice.

EXPERT NAME

Professor Mcconkey Roy

START DATE

21/10/2024

END DATE

25/10/2024

SPECIALTY/TITLE OF PROGRAMME

Child and adolescent psychiatry – Focus on autism and intellectual disability

HOSTING INSTITUTION

Institute of Mental Health

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
21 Oct Mon	0830-0930	Introductions Meet with Chairman of Medical Board (IMH), Senior Management and Research Division, Department of developmental psychiatry, IMH.	Welcome and launch of programme Review of aims and outcomes from the programme	No	Board room IMH Annex Closed session	Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg
	1000-1200	Introduction to Child and adolescent psychiatry from head of department Tour of IMH	Familiarize with host team and IMH compound Further review of aims and outcomes from the programme	No	Conference room at Sunrise (Capacity 20 pax)	
	1200-1400	Lunch				
	1400-1530	Presentation Rethinking interventions for children with intellectual disabilities and autism	Understanding and implementing of strategies to work with children with ID and ASD	No	CGC, HPB (Capacity 40 pax)	Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg
	1600-1700	Presentation Co-designing community interventions to support children with intellectual disabilities and autism and their caregivers	To engage professionals from community in co-designing intervention for children with ID and ASD and their caregiver	No	Hybrid CGC, HPB (Capacity 40 pax) Open to invited community partners	

– National Training Programme

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
22 Oct Tue	0900-1200	<p>Opening lecture Local landscape of care in autism and intellectual disability <i>Presentation by Dr. Lan</i></p> <p>Global landscape of policy and practice for children and adults with autism and ID population, and research updates</p>	<p>To provide overview of local services, challenges, and gaps</p> <p>To learn and understand the global trends, updates in services, policies and management best practices, so as to consider what we can translate to the local landscape</p>	No	<p>IMH Auditorium (Capacity 170 pax)</p> <p>Open session</p>	<p>Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg</p>
	1200-1400	Lunch				
	1400-1530	<p>Workshop Case consultation for child <i>(contrasting cases if possible)</i></p>	To apply principles and non-pharmacological techniques to local context	No	CGC, HPB (Capacity 40 pax)	<p>Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg</p>
	1530-1900	Break	Rest before evening lecture	No	Nil	
	1900-2000	<p>Evening lecture What every parents or educator can do to support children with intellectual disability and autism from Prof Roy</p>	To educate the members of the public on evidence-based ways to support their children with intellectual disability and autism	Yes	<p>Lecture hall, HPB</p> <p>Open session</p>	<p>Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg</p>

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
23 Oct Wed	0900-1200	Open Lecture -Perspectives and best practices in autism service implementation - Building a smooth continuum of care from childhood to adulthood for those living with autism and intellectual disability -Sharing of ANDS/AIDD service Presentation by ANDS representative	To learn of best practice principles for care in child and adult patients with autism and intellectual disability. Understanding the landscape for adult neurodevelopmental service in Singapore. To learn strategies, pitfalls, critical milestones in building care services across the lifespan	No	IMH Auditorium (Capacity 170 pax) Open session	Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg
	1200-1400	Lunch				
	1400-1530	Workshop Case consultation for ANDS (3 cases)	To apply principles and non-pharmacological techniques to local context for the adult population	No	Meeting room, IMH	Lim Jan Mei and ANDS team
	1530-1900	Break	Rest before evening lecture	No	Nil	
	1900-2030	Evening lecture Preparing adolescents with ID and autism for adulthood Hosted by College of psychiatry	To understand what are the unique challenges faced by this population in the transition from adolescent to adulthood and what are the preparation work that healthcare worker should take note of to reduce stress and anxiety for this population and their caregivers .	No	L7-003, Centre for Health Innovation (CHI)	Dr Adrian Loh adrian@promises.com.sg

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
24 Oct Thurs	0900-1030	Presentation Improving early diagnoses and intervention for autism in primary care and in the community	To gain insight for early diagnosis and intervention in primary care settings	No	IMH Auditorium (Capacity 170 pax) Open session	Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg
	1030-1200	Presentation Promoting social inclusion for people with ID and autism	To enhance the knowledge and strategies of building an inclusive society for the people with special needs	No	IMH Auditorium (Capacity 170 pax) Open session	Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg
	1200-1400	Lunch				
	1400 - 1430	Introduction to NUH Child Development Unit and psychiatry and discussion with the host teams	To facilitate an introduction to the departments and implementation of strategies learnt	No	NUH Tower Block T12-01	Dr Aishworiya Ramkumar Email: paearam@nus.edu.sg
	1430 – 1530	Presentation Co-occurring mental health conditions in autism and non-pharmacological strategies to help	To learn non-pharmacological strategies to address common co-occurring conditions like depression and anxiety in individuals with both intellectual disability and normal cognition	No	Hybrid TBC by NUH NUHS Tower Block T12-01 Open session	Dr Aishworiya Ramkumar Email: paearam@nus.edu.sg
	1600 -1700	Presentation Promoting communication in young children with autism: how can healthcare professionals help	To gain insight into strategies to address communication difficulties among young children on the autism spectrum	No	Hybrid TBC by NUH NUHS Tower Block T12-01 and 12-02 Open session	Dr Aishworiya Ramkumar Email: paearam@nus.edu.sg

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
25 Oct Fri	0900-10:30am	Presentation Reduction of admission rate of patients with autism spectrum disorder or intellectual disability by Upskilling our Community Partners	To upskill to both primary and secondary services provider, so they gain a better knowledge re: ways to manage emotional and challenging behavioural issues presented by individuals with ID and ASD. With a better skillsets at the community settings, will result in reduce admissions to an acute hospital.	No	Hybrid Auditorium, KKH Open session	Dr Poon Ngar Yee Email: poon.ngar.yee@singhealth.com.sg
	10:45am – 12:00pm	Presentation Management of autism spectrum disorder or Intellectual Disability with experiences of past trauma	Managing ID and ASD patients who underwent trauma. What are their presenting symptoms? How do they present differently from other group of patients? What is the intervention. How to support care giver to prevent care giver fatigue	No	Hybrid Auditorium, KKH Open session	Dr Poon Ngar Yee Email: poon.ngar.yee@singhealth.com.sg
	12:30-1pm	Introduction to KKH psychiatry and discussion with the host teams	To facilitate an introduction to the departments and implementation of strategies learnt	No	Halifax, KKH	Dr Poon Ngar Yee Email: poon.ngar.yee@singhealth.com.sg
	1-2pm	Lunch				
	1400-1700	Report writing Prof Roy McConkey to complete report for the programme	Developing an action plan to take forward the implications for local services from the discussions held during the week.	NA	NA	Dr Lan Zhongzheng Email: zhongzheng_lan@imh.com.sg